

Amy Shojai

My Cat Hates Me – How to Fix it with Environmental Enrichment

Find out how to have a more content cat with environmental enrichment. Amy shares many no-cost ways to help your cat.

Andrea Ring

Homeopathy for cats

Andrea gives us a primer on homeopathy and delves into the fact that the more diluted it is, the stronger its effect. As well, if you have an unhappy cat, you can give it with the food.

Dr. Andrew Jones

Diabetes Mellitus in Cats: How I stopped Insulin in my own Diabetic Cat

Dr. Andrew Jones talks about his cat that was diagnosed with diabetes and was eventually taken off insulin by using a cat-designed diet as well as some supplements.

Anitra Frazier

Finding Win-Win Solutions: Treating your Cats Naturally and Holistically

Anitra tells us why cats lash out when being petted, how they know when mum is coming home, how to trim nails effortlessly, managing kidney disease, and why raw food.

Dr. Debbie Singer

Unravel the Secrets of Your Cat's Stress and Undesirable Behavior From A Cat Vet and Cat Communicator

Dr. Debbie Singer tells us about how she perceives stress in cats and then utilizes her communication skills to figure what the cat truly needs. Gives a great example of a cat that told her that it didn't want to go by air and preferred a car.

Ingrid King

Feeding Your Cat For Optimal Health

Ingrid looks into the different types of food available. No dry food is the starting point, but how do we rate the other foods? See how you can tell how one food is better than another.

Dr. Jean Dodds

What Vaccines are Really Needed?

Jean, a vaccine researcher, looks at what vaccines cats and kittens really need and when. Some will surprise you.

Jean Hofve

1. How to Improve a cat's Diet without Breaking the Bank

The truth about pet food labelling. Though all ingredients need to be listed, they have found dog DNA in pet food. Jean introduces her five-paw grading system for foods.

2. Cat Declawing – How Effective are Bans?

Jean looks into how declaw bans are brought in – when ethics and finances collide. Does declawing mean more cats will be given to shelters?

Jennifer DeShryver

Raw Feeding: Finding the Balance

Jennifer shows us how to make food for a cat. As admin on a cat feeding Facebook group she reviews the things that people stumble on. Supplements to add are mentioned.

Joan Ranquet

Animal Communication and Cats

Joan looks at how we can establish a connection with our feline friends. She tells us about her experience in the wild with tigers. And the messages she can get from animals. Meditation included.

Dr. Judy Morgan

Arthritis in Cats: A Natural Approach

Many people don't realize that their cat is suffering from arthritis. Judy covers the cause, how to spot, and what to do.

Julie Anne Lee

The Gut as the Foundation of Health

Learn how gut health is linked to both the causes and healing of chronic diseases and how to easily navigate it using homeopathy.

Kathleen Prasad

An Introduction to Reiki for Cats

Kathleen show us how cats differ from other species because they are so attuned to energy. We want to do it for healing and connection. Kathleen leads us in a meditation to begin the practice.

Liza Weaver

Holistic Approach to Cat Nutrition

Do you want to feed your cat better and correctly? Liza explains what cats require and how to satisfy those needs. This is an entire course boiled down to an hour.

Dr. Michael Dym

Acute Remedy Homeopathic Toolbox

Dr. Michael Dym shows us how homeopathy has worked for him in his integrative practice. He gives a rundown of what remedies to sue for common conditions and why

Dr. Odette Suter

Heal Your Cat's Gut

Odette looks into one of the most common diseases affecting cats – inflammatory bowel disease. And, how can we help it?

Pam Roussell

Muscle Testing – a Hidden Door to the Answers you Seek

Pam shows us how easy muscle testing can be with several techniques. It can be used to see if a certain food or supplement should be offered.

Rita Hogan

Herbs for Kidney Disease

Rita Hogan questions why our cats aren't all living into their twenties. Rita talks about kidney disease in cats, which is the most common disease seen in older cats. zeroing in what can cause it and how to use herbs to support the kidneys.

Dr. Rob Silver

Cats: CBD and Mushrooms for Health

Dr. Rob Silver talks about the value of CBD in cats and how to dose it. Also, mushroom supplements which are good for healing such as ones that can help kidney function.

Shirley Lipschitz

Kidney Disease Solutions

Shirley describes how she got into holistic therapy due to her own health issues. She is passionate about promoting healthier alternatives for cats with kidney disease, for example, starting with wheat grass.

Two Crazy Cat Ladies

How To Transition Your Cat To A Healthier Diet

See how Adrienne and Jae feed their cats and how they did it. They emphasize the benefit of raw food and look at tricks you can use during the transition away from dry food.